



# Parent & Educator Tips

Simple ways to support children every day

## ■ CONNECT • SUPPORT • ENCOURAGE

Small moments of connection can make a big difference in a child's day.

1

### Connect before you correct

Get close, make eye contact, and acknowledge the child's feelings before giving directions.

2

### Give simple choices

Offer two realistic choices, such as "Do you want to clean up the blocks or books first?"

3

### Name the learning

Describe what you notice: "You kept trying even when it was difficult." This helps children recognize their strengths.

4

### Use predictable routines

Keep important parts of the day consistent. Visual cues and simple reminders can help children know what comes next.

5

### Make room for play

Follow children's interests, join their play, and ask open-ended questions instead of taking over.

6

### Partner with families

Share observations, listen to family perspectives, and work together on strategies that support the child.

## ■ TRY THIS TODAY

*Ask a child: "What would you like me to know about what you are doing?"*



# Parent & Educator Tips

Building independence, confidence & belonging

## ■ EVERYDAY SUPPORT

Use these reminders when planning routines, activities, and meaningful interactions.

1

### Pause and observe

Before stepping in, watch what the child is trying to do. Give them time to explore and problem-solve.

2

### Break tasks into steps

For a challenging routine, give one small step at a time and celebrate progress along the way.

3

### Encourage independence

Invite children to help with age-appropriate routines such as packing, tidying, choosing materials, or getting ready.

4

### Create a welcoming space

Include children's interests, families, cultures, languages, and ideas in the environment and learning experiences.

5

### Ask open-ended questions

Try "What do you think will happen?" "How did you do that?" or "What could we try next?"

6

### Reflect and adjust

Notice what worked, what was difficult, and what the child may need next. Flexible support is part of learning.

## ■ REFLECTION

What is one strength I noticed in a child today? \_\_\_\_\_